

Entrance Antiphon Look to your covenant, O Lord,
and forget not the life of your poor ones forever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek you.

Responsorial Psalm Taste and see the goodness of the Lord.

Gospel Acclamation Alleluia, alleluia!
I am the living bread from heaven, says the Lord;
Whoever eats this bread will live for ever. Alleluia!

Communion Antiphon O Jerusalem, glorify the Lord,
who gives you your fill of finest wheat.

ROSTERS - 17th/18th August 2024
Please arrange a swap if you are not available

Bemboka Sat 5pm
Commentator H Woollett
Readers G Green
Cleaners

Candelo Sat 5pm
Commentator L Thompson
Readers M Whitby
Cleaners - Aug A Hyam & N Wagner

Tathra Sun 7:45am
Commentator Gerry Collins
Readers Carleen Maley
Cleaners E Corcoran, J Battista
Audio-Visual Trish Sly
Eucharistic Ministers E Corcoran, Pat Platts

Bega Sun 9:30am
Commentator Volunteer
Readers V Northcott, A Woods
Gifts Volunteer
Counters Col & Kath Murphy
Music Matt Heffernan
Acolyte Sean McCambridge
Eucharistic Ministers K Rix



Sacrament of Penance/Reconciliation
Bega Saturday, 9.40 - 10am
Bemboka before vigil Mass
Candelo before vigil Mass
Tathra before Sunday Mass

St Patrick's Parish is committed to safeguarding and upholding the rights and dignity of all our children and vulnerable people. We seek to empower children, their families & carers, and vulnerable people, to have a say, to be listened to and to be protected. This approach is at the centre of all our thinking and actions. Parishioners are encouraged to communicate concerns by emailing Fr Adrian, the Parish Office, the Parish Safeguarding Officer or directly to IPSS (ipss@cg.org.au)

St. Pat's Choir practices Thurs 5.15—6pm
Contacts Mary 0428 471 012 or Matt 0429 338 348.

Meditation & Contemplative Prayer
Meeting is held on Monday at 7.30pm in the annex of Star of the Sea Church at Tathra.

Sunday Readings Reflection Group
Tuesday at 7pm Star of the Sea Tathra. All Welcome.

ROSARY - all are welcome.
Tathra - 7:20am before Sunday Mass
Bega - 9am before Sunday Mass

MENS' GROUP: 2nd & 4th Thursdays
St Patrick's Church.
Contact David Grainger: 0409 430 997


St Patrick's Sacramental Programme
Baptisms—During Mass, 1 month notice
Reconciliation—26th May 2024
First Communion - 25th August 2024
Weddings—by appoint, 6 months notice req. Please contact the Parish Office.

For Sale: Sunday Missal - \$32; Children's Mass Book - \$10. Contact the office or place your order in a marked envelope in the 2nd collection. **Bulletin & Forms** can be found on the website

19th Ordinary - Year B 11th August 2024

St. Patrick's Parish

*St. Patrick's, Bega - St. Columba's, Bemboka - St. Joseph's Candelo
Star of the Sea, Tathra.*



Fr. Adrian Chan. Parish Priest.
Mrs. Tanya Tomlinson, Parish Secretary.
Hrs 9-2 Tuesday & Thursday
Safeguarding, Mrs. Emma Grant, Bega.Safeguarding@cg.org.au
St. Patrick's School, Bega. Mrs. Jo Scott-Pegum (Principal) 6492 5500
Lumen Christi Catholic College, Pambula. Mr. Shane Giles 6495 8888

Ph. 64921058
PO. Box 6. Bega. NSW 2550.
Email: Bega@cg.org.au
Website: <http://cg.org.au/bega/>
Facebook: St Patricks Bega

We acknowledge the Yuin People, the Traditional Custodians who have walked upon & cared for this land for thousands of years. We pay our respect to Elders past, present & emerging. We acknowledge and respect their continuing culture and the contribution they make to the life of the Bega Valley.

Food for Now & Eternity *19th Sunday in Ordinary Time*

One of the techniques used frequently in the gospel of John is that of misunderstanding. In the case of Nicodemus and the Samaritan woman they misunderstand his words about being born again (3:4) and living water (4:15) and this leads to further revelation or explanation by Jesus.


Now those who hear Jesus saying that he is the bread of life come down from heaven fail to grasp the significance of the statement and insist that they know where he is from. Jesus, however, continues with his revelatory discourse and shows how he is indeed the one sent by God to give life. To believe in Jesus is come to life, a life that never ends. We come to this life through believing in Jesus who offers his life (flesh) for the sake of the world. Until now, in using the symbol of bread the focus has been on believing in who Jesus is, but with the change in language from bread to flesh there will be a shift in meaning towards a reflection on his death on the cross and the Eucharist. The gospel of John does not make for easy reading because of its layers of meaning and great depth but it offers great inspiration if we but try.



We are invited on the first reading, to recognise ourselves in the Elijah story as people who, if they are to be faithful on the journey, need to be sustained. We can easily become dispirited either at our own shortcomings or at the failings of others. However, as we are often reminded in the scriptures, we must learn to rely not only on our own resources but on the guiding presence of God that directs our life. It is probably true to say that it is almost a necessity in our journey of faith that we come to a low point. In the biblical tradition and in that of the church, all the heroes and heroines come to a stage where they too have to acknowledge their own weakness and utter dependence on God. This does not come easily to us because it can seem like failure. That is when we need to remind

ourselves of what the Lord said to Paul: *'My grace is sufficient for you, for power is made perfect in weakness.'* (2 Cor 12:9).
Sean Goan

Maintenance Works Update: The Builders have now moved into Bega church. The church is still available for weekend worship but now not accessible during the week. Parts will be fenced off as the work progresses. Thank you for following the directions when using the building. *Please note - parking in the school playground is for those with limited mobility only. Thank you for using the church carpark or street on Sundays.*

 **St Patrick's Primary News *Footsteps*:** A free morning of storytime and connection for little ones birth to Pre-kinder. Every Wednesdays during term. 9-11am. More information 6492 5500 or office.bega@cg.catholic.edu.au

National Vocations Week 4- 11 August. During National Vocations Week. An Archdiocesan Vocations Holy Hour will be held at St. Christopher's Cathedral on Tuesday 6th August. It will include Adoration, Evening Prayer and Rosary.

Synod on Synodality: Towards the Second Assembly.

✦ *Synod on Synodality: Toward the Synod 2024 Opening October and Beyond!* Massimo Faggioli and John Warhurst will discuss the upcoming Synod and the future beyond. Thurs 15 Aug 4:30pm via zoom.

Come, Holy Spirit - Archdiocesan Assembly 18-20 October. All are invited to take part in the Archdiocesan Assembly that will explore the theme 'Come Holy Spirit.' This will focus on celebrating the Year of the Holy Spirit and explore new opportunities for evangelisation and synodality in the life and mission of our local Church going forward. Canberra + Narooma + Cooma + Young + Goulburn. More information:



Father's Day Appeal – Collection for our retired priests: There are 25 priests in our Archdiocese. We should remember our retired priests as we celebrate the theme for the Second World Day for Grandparents and the Elderly *"In old age they will still bear fruit"* (Psalm 92:15). A third collection will be taken up at masses on Sunday 1st September.

You're Invited

- ✦ *Tathra* - Breakfast every 2nd Sunday of the Month after Mass.
 - ✦ *Bega* - Morning Tea last Sunday of the Month after Mass Bega.
- All Welcome. Please bring a friend.**

Fr Adrian Contact: Mobile: 0411 676 064
Email: Adrian.Chan@cg.org.au

Weekdays

- Tuesday 4.00pm Bega Chapel
- Wednesday 9.00am Tathra.
- Thursday 9.15am Bega Chapel
- Hillgrove House 3rd Thursday 3pm
- Friday 9.15am Bega Chapel
- 4:30-5:30pm Bega 'Holy Hour of Mercy'
- Saturday 9.15am Bega Church

Sunday Mass Times

- *Bemboka* - Saturdays - 5pm Vigil
- *Candelo* - Saturdays - 5pm Vigil 1st, 3rd, 5th
- Sundays - 9:30am liturgy 2nd, 4th
- *Tathra* - Sundays - 7.45am Mass
- *Bega* - Sundays - 9.30am Mass
- 4th Sunday- 9:30am Family Mass

RECENTLY DECEASED: Les De La Mere, Harmony Morrow, Marie Busby

ANNIVERSARIES Margaret Willburger, Noa Jessop, Barney & Nora Sheehan, Liz Coman, Anthony Dessmann, Eunice Tarlinton

PRAYERS Marina Peric,

Feasts Days

- 11th - St Clare**, Virgin 1193-1253. Remembered for her life of extreme poverty, austerity, contemplation, and charity.
- 12th - St Jane Frances de Chantal**, Religious 1572-1641. Remembered for her administrative ability and for her visits to the sick and poor.
- 13th - St Pontian**, Pope, Martyr & **St Hippolytus**, Priest, Martyr. Died some time in the fourth century after mistreatment in exile and brought back to Rome for burial on this day. Remembered as seekers of the truth.
- 14th - St Maximilian Mary Kolbe**, Priest & Martyr 1894-1941. Remembered for his energy and poverty, his compassionate ministry, and his self-sacrifice.
- 15th - The Assumption of the Blessed Virgin Mary.** It celebrates Mary's passing over, body and soul, from this world into the glory of her risen Son .
- 16th - St Stephen of Hungary** 975-1038. Remembered for making Christianity the religion of the nation and for his justice to the oppressed and charity for the poor.

Reflection for Vocations Awareness Week (Part 2). - *Continued from last week*

When Pope Francis also asks us to think of those called to ordained ministry, as Bishops, Priests, Deacons and Consecrated Women and Men. In prayer, ministry, service and the sacraments, they are "sowing seeds of hope and revealing to all the beauty of God's kingdom." They commit their passion and energy to the wider faith and human family, along with "those men and women of good will who devote their lives to working for the common good". These pathways are not beyond any of us. As young people are shown career options, let us also raise awareness of the Christian vocation options. Even through the simple everyday work of our hands, Jesus calls us to "work for food that endures to eternal life."

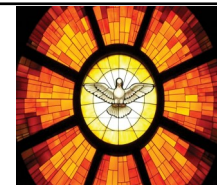
So much work is needed for seeds of wheat to become a loaf of bread. They are sown, harvested, processed into flour and finally baked in an oven. The bread that we present at our offertory today is the work of human hands, and we pray for God to receive it and transform it into the bread of life. Each of us plays a role, through our own vocation, to sow seeds of hope and peace in our world. In doing so, we discover that we also grow into people of joy and happiness. And as we receive the body of Christ in communion, we also become the body of Christ to share in his works of love .

Wise Words:

Whatever troubles may be before you, accept them cheerfully, remembering whom you are trying to follow. Do not be afraid.
- *St Mary MacKillop*

Year of the Holy Spirit

Guided Prayer Session
3rd Sundays Bega
After 9:30am Mass



Old Testament building programmes